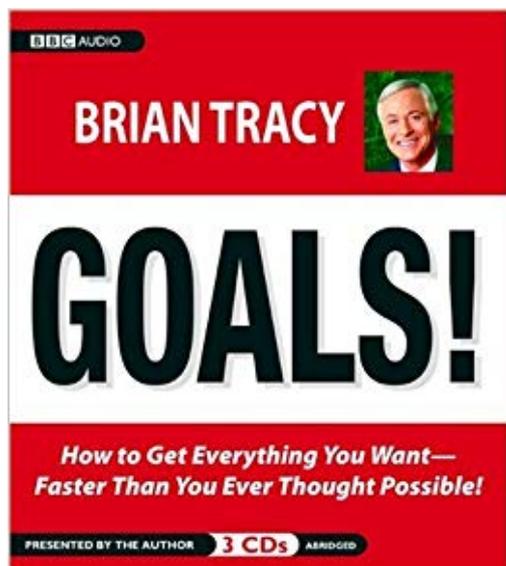


Goals! How to Get Everything You Want Faster Than You Ever Thought Possible *by* Brian Tracy



ISBN: 157270358X

ISBN13: 978-1572703582

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Book title: Goals! How to Get Everything You Want Faster Than You Ever Thought Possible

Publisher: BBC Audiobooks America; Abridged edition (December 19, 2003)

Language: English

Category: Business Culture

Size PDF version: 1437 kb

Size ePUB version: 1228 kb

Size FB2 version: 1758 kb

Other formats: doc rtf mbr azw

[Read by Brian Tracy] Hundreds of thousands - even millions - of men and women have started with nothing and achieved great success. Renowned leader Brian Tracy presents the essential principles you need to know to make your dreams come true. Here is the simple, powerful, and effective system for setting and achieving goals: accomplish any goals you set for yourself - no matter how big; discover how to determine your own strengths, what you truly value in life, and what you really want to accomplish in the years ahead; learn a system for achievement that you will use for the rest of your life.



Reviews of the **Goals! How to Get Everything You Want Faster Than You Ever Thought Possible** *by* Brian Tracy

Zeleeence

This is my first Brian Tracy book. It won't be my last. I like Tracy's style and that made this book that

much more easier to read. You could probably finish this book in one sitting or the course of a few nights. It flows easily, and it isn't dry or doesn't have any big words.

I always thought I had goals and that I was doing everything right as far as planning for my future. I didn't realize that I didn't actually have goals but I was simply dreaming or just making conversation. This book really clarifies what a goal is and what is just a dream. Now I'm not saying your dreams will not come true, you just need to learn how to break them down into goals. Your goals might be small or they might be huge. They just have to be realistic for you. You should figure this out before you start this book or any other book for that matter.

Some might argue that a lot of this stuff and other self-help stuff is common sense; I disagree. Some times when someone else explains common sense in a different way, it makes more sense. There however is more than common sense in this book. Tracy gives you various activities to do like writing your goals out in certain ways to involve your subconscious mind, and others that help isolate true goals from worthless "goals". These activities will really get you thinking and focused on what it is you really want out of life and what seems to be holding you back.

This is not just a "...You can do it!" book, there is plenty of substance here. I'm 27 and I feel that this book can speak to just about anybody in any stage of their life. Tracy does talk about salespeople a few time, but I don't think this book is just for people in sales or people who own their own business. You can benefit from this book no matter what you do or how old you are because the concepts apply to everybody.

There is actually a lot of other information in this book. Tracy talks about how to perform better at your job, how to make good out of a bad situation, he talks about persistence, he differentiates between over and under achievers, and he gives great examples and quotes from some of the greatest thinkers and doers of our time. I particularly like the section where he talked about the subconscious mind and how you need to specifically train it to get your conscious mind to go into overdrive. He tells us to train our mind like we train our muscles. We need to get our mind to "pump iron" to reach our goals.

Tracy says towards the end of the book that no self-help book will benefit you unless you put it into action. You can't just read this book and feel good about yourself. You need to go buy a notebook, like he says, and start doing the activities and analyze your goals immediately and start acting on them. I believe that if you can do what he says, you will seriously benefit from this book in some way and you will look at goals and goal setting in a new way. You will stop dreaming and start working.

I liked this book and I highly recommend it. It can be a great starting point or a great reference in accomplishing what you may have been dreaming about.

****I want to point out that if you take a good management class during undergrad, you will learn about everything in this book during that class.****

Katishi

If you want to be truly successful, you really must read this book. It will show you how to get everything you want, faster than you ever thought possible. The ideas contained in this book will save you years of hard work in achieving the goals that are the most important to you. Mr Brian Tracy, the author of this book, wrote that if he were given 1 minute to advise people how to achieve their goals very rapidly, his advise will be, "Write down your goals, write plans to achieve them, and work on your plan every single day". Indeed, success is goals, and all else is commentary. This book is very easy and enjoyable to read. It is fraught by 21 inspiring sounded chapters. Each chapter provides a series of practical, proven steps that individuals can use to be more effective in moving

rapidly toward their chosen objectives. The chapters will show you how to build your self-esteem and self-confidence, how to approach every problem or obstacle effectively, how to overcome difficulties, respond to challenges and continue forward toward your goals, no matter what happens. The 3 hours you will spend to read this book will be the best 3 hour investment of your life.

Fesho

COULD NOT ASK FOR A BETTER BOOK TO GET ME OUT OF MY COUCH TO CONTINUE OR GET LOTS BETTER AFTER READING THIS ONE OF A KIND BOOK AND WITH AN INCENTIVE TO KEEP ON GOING

Fearlesshunter

This is the most important book I have ever read in terms of personal development. I have an MBA from one of the top business schools in the country. Yet, the material in this book is worth ten times the tuition I paid to earn that degree--it's that good!! It was recommended to me by one of my best friends. After listening to the audio CD, I can see why. What Brian Tracy does is so much more than what the title implies. He challenges the reader by asking profoundly introspective questions that dig deep into your personal psyche--especially in Chapter Two. This book literally grabbed me by the throat because (1) it is extremely valuable advice, the kind of wisdom that a father would give to a son or mother to a daughter; and (2) it motivated me to achieve some goals that I had within myself that I thought were impossible. This book is a must-read for anyone who views themselves as a high-achiever. If you are someone who is comfortable with mediocrity, don't read this book. Goals! is the kind of book I wish I had read when I was a teenager in high-school or college. If this book doesn't light a fire within you belly to achieve your fullest potential, then nothing else will. Highly recommended...

Welen

I think Tracy's Eat That Frog is the better guide if you know what you want in life but find yourself putting it off or getting distracted. This book does a lot more to help one determine what they want, plan for it and consider the possibilities. It's very similar to Eat that Frog but he takes a lot more time with the reader.

Either way, Tracy is an extremely enthusiastic writer who gets you to consider your possibilities and plan for things that seemed impossible.

Thordigda

I give this book a 4 because I feel that it is more for the outside worker than it is for an independent worker. I found a lot that seemed to be for the worker who has a "boss" than me being my own boss. However, I read the book through, then reread it looking more into it. I did come across things that I feel will help as long as followed through. The tasks are reasonable in doing. Does it seem hard to make a list of things to accomplish today? Right there you have set goals and followed through. There is a lot more in there, it will help you go from daily goals to weekly, monthly and yearly goals. I would recommend that purchasing his book "Eat That Frog!", they go hand in hand. Both books set on my desk and get looked at daily, to make sure I am following through and creating better habits of myself, to make better habits for my sales. Goals!, will get you going, teaching how to go get your sales instead of waiting and hoping for them to just come to you.

Capella

One of my Favorite! A must read!

Great book!!

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